A breakthrough is defined as “an act or instance of moving through or beyond an obstacle.”

There is no easy solution to poverty, it is often cyclical and affects many facets of one’s life.

In this year’s annual report, we share the many ways that CFK has been walking alongside our beneficiaries to understand the ever-changing needs of our community to make a lasting impact together. We will take you on a journey through integrated programming designed to offer holistic solutions to poverty within informal settlements.

I encourage you to read through the entire report and help us celebrate the breakthroughs of our beneficiaries towards brighter futures.

Hillary Omala
Executive Director
MISSION
To develop local leaders, catalyze positive change and alleviate poverty in the informal settlement of Kibera.

VISION
A community where every person, regardless of their background, has a voice and an opportunity to realize their full potential.

HOLISTIC APPROACH
We're an organization headquartered and led in Kenya with an office in the U.S. We walk alongside infants, children, youth, parents, and caregivers providing comprehensive healthcare services with coordinated educational programs leading to better futures.

CORE PROGRAMS
- Girls Empowerment
- Young Health and Wellness
- Primary Healthcare

WE'RE FOCUSED ON OUTCOMES.
2018 AT-A-GLANCE
Individuals. Families. Communities.

GIRLS EMPOWERMENT PROGRAM
Supporting the development of adolescent girls and young women’s skills and their leadership on matters affecting them.

2018 HIGHLIGHTS
▶ Established the Girl’s Parliament, where 24 girls serve as advocates for themselves and their peers
▶ Connected 400 teen mothers to services and support
▶ Placed 56 teen mothers back in school

PROGRAM STRATEGIES
▶ School Mentorship
▶ Teenage Mothers School Re-enrollment
▶ Girl’s Parliament
▶ Community Safe Spaces

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YOUNG HEALTH AND WELLNESS PROGRAM
Focusing on children and young adults (10-24 years old) by enabling them to foster productive lives through education, life skills development and vocational advancement.

2018 HIGHLIGHTS
▶ Established Youth Savings and Loans Associations, where groups of young people collectively open group savings accounts and administer loans to members
▶ First female soccer player scouted by a premium soccer league

PROGRAM STRATEGIES
▶ Sports
▶ Educational Scholarships
▶ Economic and Entrepreneurial Development
▶ Information and Communications Technology (ICT) Skills Training

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▶ Educational Scholarships
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PRIMARY HEALTHCARE PROGRAM
Increasing access to quality and affordable healthcare services to reduce preventable sickness and early death for the 350,000 individuals living in Kibera.

2018 HIGHLIGHTS
▶ Increased laboratory services at Tabitha Clinic, reducing the number of referrals needed for clients in need of more detailed care
▶ Tailored youth friendly services focused on increased uptake of health services among young people, resulting in increased school and community outreach sessions

PROGRAM STRATEGIES
▶ Tabitha Medical Clinic
▶ Lishe Bora Mtaani Nutrition Center
▶ Sexual and Reproductive Health
▶ Community Health Outreach

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▶ Tabitha Medical Clinic
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2018 FINANCIALS

KENYA OFFICE

$794,925 USD
$897,574 USD
$1,046,255 USD

80,535,748 KES*
90,989,785 KES
106,062,038 KES

REVENUE
EXPENSES
TOTAL ASSETS

U.S. OFFICE

$685,064 USD
$327,733 USD
$2,861,535 USD

REVENUE
EXPENSES*
TOTAL ASSETS

KENYA COST VS. BREAKDOWN

Girls Empowerment 37%
Primary Healthcare 39%
Young Health and Wellness 24%

*Kenyan Shillings

*reflects program funds wired to Kenya Office
Born and raised in Kibera, Jeffrey overcame a myriad of challenges to complete his education and hone his passion for journalism. He was first exposed to CFK in high school through a health outreach facilitated in his school.

Jeffrey, 23, became a Youth Peer Provider for the Young Health and Wellness program.

Over the past five years volunteering with CFK, Jeffrey has had pivotal opportunities to build upon his passions, serve as a mentor and create opportunities for other youth in Kibera to flourish. Our staff watched him come alive through facilitating radio shows for youth focused on sexual and reproductive health. Jeffrey is using his skills, influence and knowledge to address this critical issue in his community and positively impact the lives of his peers.

“This exposure gave me the drive to seek a scholarship for me to pursue a college diploma in journalism and volunteer part time with a local radio station. I cannot wait to see where this new phase of my life takes me.”

Jeffrey now works as a Field Journalist at Citizen TV, one of the leading media stations in Kenya.
“Life was not as rosy as I imagined [between] the stress of the big city and the expectation of supporting a family back home. I had no job skills, therefore I had to settle for odd jobs. I learned of the CFK girls program which I felt identified with my challenges. In CFK’s ICT center, I have been able to learn the basics in computer packages. Now, I look forward to advancing to a diploma level where I can specialize.”

— Lencer, a teen mom who serves as a mentor for fellow teen moms